

Shawn Anderson

From: Leslie Procive
Sent: Friday, September 12, 2014 12:13 PM
To: ALL USERS
Subject: FW: MPC Health Services Flu Clinic October 9th

Sent on behalf of Health Services. Please direct any questions to Lara Shipley lshipley@mpc.edu or Kelly (Eyler) Tovey keyler@mpc.edu



HURRY!! Come get Your flu shot!

WHAT: MPC Health Services Flu Clinic
WHEN: Thursday, October 9, 2014
TIME: 11:00am-1:00pm
WHERE: Sam Karas Room, in the LTC
WHO: Everyone!
WHY: Because who wants to be sick?

Shots will cost \$20.

**Trivalent flu vaccine will be administered by Ordway Pharmacy to adults.
Flu mist will not be available.**

**MPC staff should contact their insurance for reimbursement questions.
Call Health Services at 831-646-4017 for more information.
Shots administered by Ordway Drug Store Staff.**

Shawn Anderson

From: Leslie Procive
Sent: Friday, September 12, 2014 12:50 PM
To: ALL USERS
Subject: FW: Suicide Prevention Presentation September 23rd

Sent on behalf of Health Services. Please direct any inquiries to Lara Shipley lshipley@mpc.edu or Kelly (Eyler) Tovey keyler@mpc.edu

Suicide Prevention Workshop

September 23, 2014

12:00-1:00 pm



WHO: For everyone! Staff and students are welcome.

WHERE: Almaden Lounge in the Student Center

WHEN: Tuesday, September 23, 2014 from 12-1

WHY: To learn about risk factors and resources



Shawn Anderson

From: Leslie Procive
Sent: Monday, September 15, 2014 8:45 AM
To: ALL USERS
Subject: Office of Academic Affairs Update

Follow Up Flag: Follow up
Flag Status: Flagged

Sent on behalf of the Office of Academic Affairs.

Hello MPC,

The Office of Academic Affairs has undergone several changes. Please be aware of the following:

Beginning with Fall semester 2014, the adjunct faculty NOE contracts and timesheets will now be processed by Maggie Caballero and Ayzza Camacho. All signed NOEs and Timecards should now be turned in to the Office of Academic Affairs.

MPC events and special events scheduling is no longer done in Academic Affairs but is now being handled by Alicia Cadriel, Unit Office Manager in Facilities. Please direct those inquiries and requests to Alicia instead of Ruth Killens.

Ruth will continue to schedule the Lecture Forums, maintain and establish facilities locations in SIS. In addition to her other duties, Ruth will now be processing the full-time and adjunct faculty student evaluations.

Thank you for your patience during these transitions.

Michael Gilmartin
Dean of Instructional Planning
Office of Academic Affairs
mgilmartin@mpc.edu

Shawn Anderson

From: Shawn Anderson
Sent: Tuesday, September 16, 2014 11:52 AM
To: ALL USERS
Subject: REMINDER: FASA Apps DUE 9/22

Follow Up Flag: Follow up
Flag Status: Flagged

Sent on behalf of MPC Foundation Executive Director, Beccie Michael.
Please direct any questions or comments to MPC Foundation at 655-5507.



REMINDER

Faculty and Staff Advancement Awards

DEADLINE TO APPLY IS MONDAY, SEPTEMBER 22, 2014 AT 5:00 P.M.

Awards Announced: October 10, 2014

The MPC Foundation is now accepting applications for Fall 2014 Faculty & Staff Advancement (FASA) Awards. Approximately \$20,000 will be awarded this semester. These funds are available due to the generosity of our President's Circle donors, as well as four endowments established specifically for FASA awards.

The four endowments that provide funding to the FASA program include: the **George J. (Bob) Faul** endowment, established by his family to honor his legacy as former Superintendent/President of MPC; an endowment made in memory of **Jeanne and John Logan**; the **Dr. Peggy Downes Baskin Faculty Advancement Endowment**; and the **Dorothy Dean Stevens Memorial Fund**, which supports faculty and staff in the Dance and Theatre Departments.

Please read the application guidelines carefully and do not hesitate to contact us with any questions you might have. All of the information you need can be found on our website: <http://mpcfoundation.org/faculty-and-staff/>

Please note the following timelines:

Applications due: September 22

Awards announced: October 10

Projects commence: October 11, 2014 (expenses cannot be incurred prior to this date)

Projects complete: July 11, 2015 (expenses cannot be incurred after this date)

We look forward to receiving your Fall 2014 Faculty & Staff Advancement Application!

Shawn Anderson

From: Amy Cavender
Sent: Friday, September 19, 2014 11:22 AM
To: ALL USERS
Subject: Early Alert Assistance
Attachments: Early Alert Fall 2014.doc

Expires: Thursday, December 18, 2014 5:00 PM

Good morning,
Please see the message below sent on behalf of the Counseling Department.

We are all striving to connect with our students and provide them with support services necessary to be successful in their academic endeavors. Early Alert Assistance is one program which is a stepping stone toward higher student retention. Please review the attached document and contact Larry Walker (x.1372) if further assistance or clarification is needed. Note that the completed EAA forms are returned to Carrie Craig in the Counseling Department.

Thank you,
Carrie Craig
Matriculation Services Specialist
Counseling Department



MONTEREY PENINSULA
COLLEGE

TO: All MPC Faculty Members
FROM: Counseling and Student Services
DATE: September 2014
RE: Early Alert and Student Retention

Retention is an important focus for MPC. As a campus, we want to do whatever we can to support the successful learning and course completion for our students this semester.

Early in the semester, it can become evident that some students in your class(es) may be having difficulties. It is the intent of the early alert program to provide you with support in identifying students having difficulties, and directing them to the appropriate resources. Recognizing that the needs of our students take time and energy, Student Services personnel can help in contacting these students and seeking to identify their source of difficulty.

Students may:

- have personal issues that interfere with their attendance, focus, or ability to complete work; and/or
- need help developing study skills; and/or
- be facing emotional or health challenges; and/or
- have academic readiness issues; and/or
- need additional tutoring, or academic support.

Besides the work you do with your students, their needs can also be addressed by working with a counselor, seeking tutoring through the Academic Support Center, or being referred to one of the many programs in Student Services. The attached early alert request form helps to connect the student with those services.

Step 1: Identify student(s) who demonstrate the need for assistance.

Step 2: Complete the Early Alert Assistance form and return to the student.

Step 3: For students not attending, return the form to the Counseling Department (Attn: Carrie Craig)

This program is designed to assist your students in overcoming barriers to success, and help you reach out to them. Thank you for your assistance in helping to involve the students and giving them assistance in meeting their responsibilities for successful class completion. What you do matters.

Attached is an original early alert form – make as many copies as you need.

EARLY ALERT ASSISTANCE

*A partnership
between MPC and You
for your SUCCESS.*

Fall / Spring _____
(circle one) (year)

Student Name: _____ Student Number: _____

Class Name: _____ Section Number: _____

Faculty Name: _____ Contact: _____

To be completed by faculty member and returned to student, or to Counseling.

As of _____, it appears that you are experiencing some difficulties in this class.
(Date)

Comments:

Here at MPC, we want to assist you in improving your performance before the end of the semester. It is not too late; there is still time to improve your grade. I recommend that you do the following:

_____ Contact me to discuss your academic progress. My office hours are _____,
Location _____ phone _____ e-mail _____

_____ Meet with a counselor, who can assist you with other difficulties you may be having.
Counseling appointments can be made in person (Student Services Bldg) or by calling 646-4020.

_____ Visit the Academic Support Center (Library – downstairs) to get assistance with:

_____ Other:

- Refer to the MPC website (www.mpc.edu) for more information about College services.
- *Note: Remember, it is your responsibility to officially withdraw from your class. It is recommended that you talk with a counselor before withdrawing, in order to explore other options.*

Upward Bound Coordinator/Counselor
980 Fremont Street
Monterey, CA 93940
Phone# (831) 646-4089
Fax# (831) 646-3000



Shawn Anderson

From: Amy Cavender
Sent: Thursday, September 25, 2014 1:09 PM
To: ALL USERS; Student All Users
Subject: Scholarship Workshop Details

Follow Up Flag: Follow up
Flag Status: Flagged
Expires: Thursday, October 30, 2014 5:00 PM

SCHOLARSHIP WORKSHOP

Please plan on attending this important workshop!
Presented by: EOPS, TRiO, CalWORKS, Veterans

Wednesday, October 29th



3:00pm – 5:00pm



Location: LTC 203/204

We will have presentations from:

English Study Skills Center

- tips for writing the personal statement
- letters of recommendation –*who to ask, what should be in it*
- resources available for you!

Financial Aid

Will give a presentation about the scholarships available
and the process for applying.



We will be having refreshments at break time.
***FIRST 30 STUDENTS WILL RECEIVE A FLASH DRIVE!**



For more information, contact Stan Armstead: 646-4280

Shawn Anderson

From: Leslie Procive
Sent: Friday, September 26, 2014 12:25 PM
To: ALL USERS
Subject: FW: CNSA Pizza My Heart Fundraiser - Monday, Sept. 29th

Sent on behalf of the California Nursing Students Association at MPC

California Nursing Students Association at MPC

invites you to attend
our fundraising event at



WHERE?

Monterey
660 Del Monte Center
(831) 656-9400

WHEN?

Monday, September 29th
4-9pm

HOW?

All that you have to do is enjoy great food at
PIZZA MY HEART and 30% of your purchase
will be donated to our organization.

There is no need to bring this flyer.
All you have to do is mention you are
supporting our organization.

*****Dine In, Take Out and Delivery*****

Shawn Anderson

From: Shawn Anderson
Sent: Monday, September 29, 2014 8:39 AM
To: ALL USERS
Subject: Rubber Chicken Tickets On Sale NOW!

Follow Up Flag: Follow up
Flag Status: Flagged

SENT ON BEHALF OF THE MPC FOUNDATION



Tickets are selling fast!

Help support our student-athletes and join in the fun...

The Lobos Booster Club's first **Rubber Chicken Drop** will take place on Saturday, October 25.

Stop by the MPC Foundation office to buy your ticket today!



MPC | FOUNDATION
MONTEREY PENINSULA COLLEGE

MPC LOBOS BOOSTER CLUB PRESENTS...

Rubber Chicken Drop Raffle



October 25, 2014 @ MPC v. Hartnell Game

Game begins at 6:00 pm

Chickens Drop at Half-time!

\$100 per ticket*

*Buy your ticket now
at the MPC Foundation Office
or by calling (831) 655-5507*

PRIZES

1st - \$1000

2nd - \$500

3rd - \$200

**Winner need not be present to win*

Make checks payable to MPC Foundation – 980 Fremont Street, Monterey, CA 93940
We also accept Visa, Mastercard, and Discover via phone and at mpcfoundation.org

Shawn Anderson

From: Shawn Anderson
Sent: Monday, September 29, 2014 5:14 PM
To: ALL USERS
Subject: STE(A)M Center Workshop & Survey

Follow Up Flag: Follow up
Flag Status: Flagged

SENT ON BEHALF OF BECCIE MICHAEL, MPC FOUNDATION EXECUTIVE DIRECTOR

Dear colleagues,

In response to growing interest from a number of faculty and staff who participated in earlier grant-related meetings, Deidre Sullivan and I will be facilitating a workshop to assess the need for a Science, Technology, Engineering and Math (STEM -- or STEAM if we include Art) support center at MPC. The workshop will be held on **Friday, October 17th at 8:30am in LTC 216** – we encourage everyone to attend.

In advance of the workshop, we are collecting data on existing academic support programs and unmet student needs for academic support across the MPC campus. **Please complete the survey by October 10th by going to <https://www.surveymonkey.com/s/S2GQVN8>.**

The survey should take less than 5 minutes to complete and will help shape our discussion at the workshop on 10/17. This is a confidential survey that will be entered into a database for statistical purposes only and will not be linked to you by name.

Thank you for your time and input,

Beccie Michael
Executive Director

Monterey Peninsula College Foundation
980 Fremont Street
Monterey, CA 93940
t. 831.655.5506
f. 831.655.2627
e. rmichael@mpc.edu
www.mpc.edu/foundation

Shawn Anderson

From: Leslie Procive
Sent: Tuesday, September 30, 2014 2:44 PM
To: ALL USERS
Subject: FW: REMINDER: Introduction to MPC Online (Moodle) Training begins October 6th - Register Now!

Sent on behalf of the MPC Online Support Team - Contact them by email at onlinehelp@mpc.edu or stop by LTC 317.

Greetings MPC Faculty & Staff,

The MPC Online Support Team would like to remind you that our fall 2014 training “*Introduction to MPC Online (Moodle LMS training)*” begins on October 6th.

This four-week training kicks off with a 2-hour face-to-face session on October 6th from 9:00-11:00 a.m. in BMC 206, followed by 3 weeks of online activities to cover the basics of using MPC Online. You will learn how to setup your MPC Online course shell, organize and present content, setup an online grade book, and create online activities including discussion forums and quizzes.

You’ll not only finish the course with a working knowledge of MPC Online, you’ll also walk away with the foundation for your own online course.

Space is limited. Please register online at <http://bit.ly/1nkbuY9>

- Jon

.....
Jon Knolle, Ed.D.
Associate Dean of Instructional Technology & Development

Monterey Peninsula College
980 Fremont Street
Monterey, CA 93940-4799
(831) 646-3030
jknolle@mpc.edu

Shawn Anderson

From: Suzanne Ammons
Sent: Wednesday, October 01, 2014 4:41 PM
To: ALL USERS
Subject: Appropriate Use Reminder

Follow Up Flag: Follow up
Flag Status: Flagged

To: All Employees

With the upcoming elections, it is important that all employees comply with Monterey Peninsula Community College District Board Policy 5040(1) and State law regarding the use of District resources in connection with election issues.

Monterey Peninsula Community College District Board Policy 5040(1) provides that:

The Governing Board recognizes the right of any employee to take or refrain from taking a stand on a political issue and to support or oppose any issue or candidate. Such activities, however, must be conducted on the employee's own time and he/she must not use materials, equipment, telephones, or clerical time furnished by the District. Employees will exercise reasonable care to show that they are acting in their capacity as private citizens.

California Education Code Section 7054 provides that:

(a) No school district or community college district funds, services, supplies, or equipment shall be used for the purpose of urging the support or defeat of any ballot measure or candidate, including, but not limited to, any candidate for election to the governing board of the district.

(b) Nothing in this section shall prohibit the use of any of the public resources described in subdivision (a) to provide information to the public about the possible effects of any bond issue or other ballot measure if both of the following conditions are met:

(1) The informational activities are otherwise authorized by the Constitution or laws of this state.

(2) The information provided constitutes a fair and impartial presentation of relevant facts to aid the electorate in reaching an informed judgment regarding the bond issue or ballot measure.

(c) A violation of this section shall be a misdemeanor or felony punishable by imprisonment in a county jail not exceeding one year or by a fine not exceeding one thousand dollars (\$1,000), or by both, or imprisonment pursuant to subdivision (h) of Section 1170 of the Penal Code for 16 months, or two or three years.

Additionally, Section 8314 of the California Government Code provides in part that

(a) It is unlawful for...any state or local appointee, employee, or consultant, to use or permit others to use public resources for a campaign activity, or personal or other purposes which are not authorized by law.

...

In this context, "public resources" means any property or asset owned by the state or any local agency, including, but not limited to, land, buildings, facilities, funds, equipment, supplies, telephones, computers, email system, vehicles, travel and state-compensated time. (See Government Code 8314(b)(3)).

Thank you for your attention to this matter.

President Walter Tribley

Shawn Anderson

From: Leslie Procive
Sent: Thursday, October 02, 2014 3:35 PM
To: ALL USERS
Subject: FW: Massage Lab Now Open
Attachments: CHI student.pdf; Massage Lab client handout.pdf

Sent on behalf of the Massage Therapy Program.

Greetings!

Please be advised that we will not accept email requests for appointments until October 20. To request a massage, please call 646-4232 and leave a message. On October 20 we will again accept e-mail requests to Janet Jacinto at jjacinto@mpc.edu.

The Massage Lab is now offering massages to MPC faculty, staff, students, and members of local communities.

The Lab is in session in PE 205 Monday evenings 6:00 p.m. - 8:30 p.m. and Fridays 3:00 p.m. - 5:30 p.m. If you have never had a massage from one of our students, or if it has been some time since you received one, stop by for some relaxation and restoration. We realize we have lots of competition from many local massage businesses, so we really appreciate your support!

Once your appointment is confirmed, please show up for the massage. If you cannot keep your appointment, try to find a replacement or give at least 24 hours notice by calling 646-4232 (after October 20, you can email jjacinto@mpc.edu to cancel or reschedule).

In order to receive a massage in the Lab, you are required to fill out two forms:

1. Confidential Health Information (CHI) form (complete before the massage)
2. Massage Lab Student Evaluation form (complete after the massage)

The CHI form and the Client Handout are attached, or you can download them. If possible, please fill out the CHI form prior to arrival .

[Click here](#) to download the Client Handout (which discusses Lab procedures)

[Click here](#) to download the Confidential Health Information (CHI) form

[Click here](#) for a map to our location.

Lab Fees:

Students

50 minutes: \$15.00

60 minutes: \$20.00

80 minutes: \$25.00

Faculty / Staff

50 minutes: \$25.00

60 minutes: \$30.00

80 minutes: \$40.00

Community Members

50 minutes: \$30.00

60 minutes: \$35.00

80 minutes: \$45.00

To visit the Massage Therapy Program on the web:

<http://www.mpc.edu/academics/academic-divisions/physical-education/massage-therapy>

With our Very Best Regards

Janet Jacinto
Char Pias
Rebecca Lee
Paul David Tuff

CONFIDENTIAL HEALTH INFORMATION

Please Print Clearly

Name _____ Date _____ Referred by _____

Address _____ Phone: Home _____ Work _____

City _____ State _____ Zip _____ Date of Birth _____ Male Female

Occupation _____ Employer _____

Emergency Contact Name & Telephone: _____

Are you currently seeing a medical or other health care practitioner? Yes / No If yes, explain _____

Primary health care provider _____ Phone _____

Do you give permission to consult with your primary provider? Yes / No Do you wear contact lenses? Yes / No

HEALTH STATUS

Describe symptoms such as pain, stiffness, and limited movement _____

What caused the symptoms? _____

When did you first notice symptoms? _____

On a scale of 1-10 (1 = low, 10 = high), how severe are the symptoms in each area? _____

What aggravates the symptoms? _____

Check any that apply: Symptoms are getting progressively worse Symptoms are constant Symptoms come and go

Do the symptoms interfere with Work? Sleep? Daily Routine? Personal Relations?

What have you done to get relief? _____

Has there been a medical diagnosis of your condition? Yes / No If yes, what was the diagnosis? _____

Who made the diagnosis? _____

List current medications including blood thinners, aspirin, ibuprofen, herbs, supplements, etc. _____

Have you had any accidents or injuries? Yes / No If yes, give dates & describe each injury _____

Have you had any surgeries? Yes / No If yes, give dates & descriptions _____

MESSAGE THERAPY HISTORY & INFORMATION

Have you ever received massage? Yes / No If yes, what type and how often? _____

What results do you want from your massage therapy session? _____

What areas of your body do you most want massaged? _____

Please check the areas of your body for which you give permission to receive massage: Head/Scalp Face Neck

Shoulders Back Chest (not breasts) Abdomen Arms Hands Buttocks Legs Feet

List any areas of your body that you do not want touched _____

⇓ Continue on Page 2 ⇓

HEALTH HISTORY

(Please describe checked items)

MUSCULOSKELETAL

- Muscle tightness, stiffness, soreness, spasms, or cramps:
 - Jaw Neck Back Buttocks Legs
 - Feet Arms Hands Shoulders Chest
- Muscle strains _____
- Joint sprain/dislocations _____
- Bone or joint disease _____
- Broken bones _____
- Arthritis _____
- Headaches _____
- Tendonitis/tenosynovitis _____
- Bursitis _____
- Herniated disk _____
- Osteoporosis/osteomalacia/osteomyelitis _____
- Lupus _____
- TMJ _____
- Other _____

CARDIOVASCULAR

- Heart conditions _____
- Recent heart attack or stroke _____
- Varicose veins _____
- Phlebitis _____
- Blood clots _____
- High unstable blood pressure _____
- Aneurysm _____
- Hemophilia _____
- Arteritis (inflammation of an artery) _____
- Other _____

INFECTIOUS DISEASE

- Disease name(s) _____

SKIN / NAILS

- Allergies _____
- Rashes _____
- Warts _____
- Fungus _____
- Other _____

DIGESTIVE

- Constipation _____
- Diverticulitis _____
- Other _____

NERVOUS SYSTEM

- Herpes/shingles _____
- Numbness/tingling _____
- Acute neuritis (inflammation of a nerve or nerves) _____
- _____
- Other _____

REPRODUCTIVE

- Pregnant - Stage _____
- PMS _____
- Other _____

OTHER

- Depression _____
- Anxiety _____
- Lymphosarcoma, malignant melanoma or other cancer _____
- _____
- Severe atherosclerosis _____
- Fever _____
- Open wounds or sores _____
- Advanced disease of kidney, liver, lungs _____
- _____
- Diabetes _____
- Acute inflammation (pain, heat, redness, swelling) _____
- Please list any other conditions/symptoms/allergies _____
- _____
- Medical implant, such as a stent or pacemaker. Where is it located? _____
- _____

LIFESTYLE

	Heavy	Moderate	Light
<input type="checkbox"/> Alcohol	___	___	___
<input type="checkbox"/> Fast Food	___	___	___
<input type="checkbox"/> Soft Drinks	___	___	___
<input type="checkbox"/> Caffeine	___	___	___
<input type="checkbox"/> Tobacco	___	___	___
<input type="checkbox"/> Exercise	___	___	___

Type and frequency of exercise _____

Hobbies _____

Overall level of stress: Low Medium High

Is there anything else you want to discuss with me? _____

The above information is accurate to the best of my knowledge. I have indicated all medical conditions of which I am aware and will not hold you responsible for the aggravation of conditions that were not disclosed to you at the time of the massage and that may be affected by the massage. I will keep you informed about any changes in my health and I will not hold you responsible should I forget to do so. I understand that massage therapy services are not licensed by the state and are not a substitute for medical examination, diagnosis or treatment. I agree to tell you if I feel that my emotional or physical well-being is being compromised. I agree to give you 24 hours notice should I have to cancel or reschedule an appointment.

I understand that this information is confidential and will be viewed only by the massage therapy student who gave me this form, and by his or her instructors.

Signature _____ Date _____

WELCOME TO THE MASSAGE LAB

The Massage Lab provides students with the opportunity to practice their skills in a supervised setting. Part of their learning experience involves interviews with and feedback from their “clients.” As a “client,” you will fill out a Confidential Health Information (CHI) form before the massage and a Student Evaluation form after the massage. In order to receive this and future massages, you must agree to complete all paperwork during your visit before leaving.

Please be responsible for your appointments. If you arrive late for your appointment, your massage will be shortened by the amount of time you are late. This reflects the industry standard in which you purchase a block of time and are entitled to that time only, which allows appointments after yours to take place as scheduled. If you are habitually late, or miss two appointments without giving 24 hours notice or sending a replacement, we will ask you not to return.

The Lab facility is a large, open room that allows instructors and assistants to view the interactions between students and clients. The room temperature may be too warm or cool for you, although we try to maintain a comfortable temperature. Although these conditions are far from optimal, we hope our students provide you with an enjoyable experience.

We encourage you to offer feedback during your massage session, especially if you feel uncomfortable with any aspect of the massage. You also can ask to speak with the Lab instructor at any time if you feel the need.

We strive for impartiality in scheduling all Lab massages, so we may not be able to fulfill your requests for a certain student or preference for a male or female.

Here are the procedures to follow during your visit to the Lab:

1. Please pay in advance for your session with cash or a check. Make checks out to: Massage Therapy Program.
2. Please turn off your cell phone or set it to “vibrate” while in the Lab.
3. Sit in the waiting area and the assigned student will come to you.
4. Fill out the Confidential Health Information form the student gives you. We’ll keep your CHI form on file for your future visits to the Lab.
5. The student will discuss your CHI form and help you decide on the following: whether you will be completely nude, partially clothed, or fully clothed for your massage (if you are nude or partially clothed, the student will drape you with a sheet to protect your modesty); whether you want oil, lotion, or no lubrication; what level of pressure you desire; what areas you most want massaged, and what areas you do not want massaged; etc.
6. The student will take you to a massage table, tell you where to change, demonstrate how you should wrap yourself in the sheet, and ask that you return with your socks or shoes and other belongings if you want them near.
7. We strive to provide a quiet, relaxed atmosphere in the Lab, so please limit any conversation during your session since it can be distracting to the students and other massage recipients.
8. After the massage, sit in the waiting area and fill out a Student Evaluation form. When evaluating your massage experience, please offer feedback that is as complete and honest as possible. Merely circling numbers on the Student Evaluation form isn’t very helpful for a student desiring constructive feedback.
9. Give the completed Student Evaluation form to the student who gave you the massage, or to the Lab instructor.
10. You can tip students who give you massages if you want to show additional appreciation for their services.

FEE SCHEDULE	50 minutes	60 minutes	80 minutes
Students	\$15.00	\$20.00	\$25.00
Faculty / Staff	\$25.00	\$30.00	\$40.00
Community Members	\$30.00	\$35.00	\$45.00

Lab Hours Fall 2014: Mondays 6:00 PM - 8:30 PM and Fridays 3:00 PM - 5:30 PM in room PE 205

To schedule an appointment, e-mail jjacinto@mpc.edu (preferred) or call 646-4232

Thank you for your support!

Visit us on the web: <http://www.mpc.edu/academics/academic-divisions/physical-education/massage-therapy>

Shawn Anderson

From: Walter Tribley
Sent: Tuesday, October 07, 2014 5:33 PM
To: ALL USERS
Cc: Michael Gilmartin; Laurence E. Walker
Subject: Please welcome Mr. Gilmartin and Mr. Walker to PV/P!

Importance: High

Follow Up Flag: Follow up
Flag Status: Flagged

Dear MPC,

It is my pleasure to inform you that the MPC Trustees in attendance at their meeting in September unanimously approved Mr. Michael Gilmartin as Interim VP of Academic Affairs and Mr. Larry Walker as Interim VP of Student Services. Please join me in welcoming Michael and Larry to the PV/P team! The interim positions are effective through June 30, 2015.

Mr. Gilmartin and Mr. Walker are fully engaged in the significant work at hand and bring a genuinely collaborative approach to their roles. Both Michael and Larry have significant experience at MPC and clearly understand the important and challenging work to complete this year. Regardless of their considerable strengths, I do ask that you contribute to the spirit of collaboration and do everything you can to help them serve MPC at a time of extremely limited resources. In short, help them help you and our students.

For now, there is no full-time "back-fill" for the positions that Michael and Larry held. The college is meeting some of the needs presented by vacancies in their former roles by reassigning some responsibilities and hiring at least one short-term administration-level employee in a part-time capacity. This is an evolving activity and all responsibilities are not covered at this time. Please continue to be patient as we get those responsibilities covered.

Best,

Dr. T.

Walt Tribley, Ph.D.
Superintendent/President
Monterey Peninsula College
980 Fremont St.
Monterey, CA 93940
831-646-4060

Shawn Anderson

From: Shawn Anderson
Sent: Thursday, October 09, 2014 10:09 AM
To: ALL USERS
Subject: CORRECTION: NEW exhibit at MPC Art Gallery
Attachments: 03-LH_MPC.jpg; MPC7.jpg

Follow Up Flag: Follow up
Flag Status: Flagged

Sent on behalf of Melissa Pickford (CORRECTION IN NAVY)

Greetings, Art Fans~~~ Please join us for a new and beautiful exhibit at the art gallery on campus. The artists' reception is TODAY, Thursday, October 9, from 12:30 to 2:00 pm. The artists will speak about 1:00 pm.

See you soon,

Melissa

MONTEREY PENINSULA COLLEGE ART GALLERY PRESENTS:

OUT OF THE ORDINARY:

New Works by Lisa Hochstein and Ewa Gavrielov

mixed media collage and constructions

EXHIBIT DATES: OCTOBER 7 – NOVEMBER 7, 2014

LOCATION: MPC ART DEPARTMENT GALLERY, 980 FREMONT ST., MONTEREY

HOURS: TUESDAY THROUGH FRIDAY, 11:00 - 4:00

(OR BY APPOINTMENT; CALL 646-3060)

RECEPTION: THURSDAY, OCTOBER 9, 12:30 – 2:00 PM (GALLERY TALK 1:00 PM)

This exhibit combines the work of Santa Cruz artist **Lisa Hochstein** and Palo Alto artist **Eva Gavriellov**, who each explore aspects of varied materials to create expressive and textural pieces. Both artists alter their materials, sometimes lightly, sometimes heavily, to transform the ordinary into the extraordinary. Using collage, painting, construction, knitting, folding, and cutting, these artists re-imagine commonplace things, elevating everyday objects to become fine works which are dynamic and subtle all at once.

Lisa Hochstein tells us, *“The works in this exhibit, made of paper, paint, plywood, and cardboard boxes, are re-imaginings of the ordinary. They explore the poetic and evocative power of familiar objects that are altered but mostly unembellished. They are also, in part, the products of my inner dialogue involving questions about perception and classification: How do we recognize and name what we see? What categories do we use in the sorting of information and experience (e.g. real/imitation, similar/different, special/commonplace, art/non-art)? To what extent is the degree and recognizability of artistic intervention important when working with found objects as source material?”*

Ewa Gavriellov shares these thoughts: *“My inspiration comes from my interest in complex forms, both natural and manmade – and my love of materials such as paper, wire, and fiber and where they intersect. My work in this show examines these arrangements or systems through drawing, printmaking and paper knits and cutouts. I create various networks with drawn lines, threads, wire, paper and fiber. I am observing their size, length, consistency, strength, as well as relationships created between positive and negative spaces which are not always easily defined in a network.”*

Admission is free. MPC parking fee: \$2. (two paper dollars)

Shawn Anderson

From: Amy Cavender
Sent: Thursday, October 09, 2014 12:14 PM
To: ALL USERS; Student All Users
Subject: Halloween Writing Contest

Follow Up Flag: Follow up
Flag Status: Flagged
Expires: Friday, October 24, 2014 5:00 PM

Sent on behalf of the Creative Writing Program.

Send your spookiest, creepiest, most scarifying story or poem to hmarchand@mpc.edu by October 24th -- the annual Halloween Writing Contest is open to all MPC students, staff and faculty!

The editors of Scheherazade, the MPC literary magazine, will select the winners, and the chosen story and poem will be published in the next issue (in print and online).

So get in the spirit and write something that would give Edgar Allan Poe some sleepless nights. We hope to be reading it soon.

Contact Henry Marchand,
Creative Writing Program Coordinator and Faculty Advisor to Scheherazade

MPC football rallies past San Jose City

Breakout game for RB Jacob Robante

By Kevin Gilmore

It took awhile for Monterey Peninsula College to find a way to hold on to the football Saturday night against visiting San Jose City College. But a stout defense and breakout game by freshman running back Jacob Robante provided the tonic to cure a case of turnover-itis and lead the Lobos to a come-from-behind 35-24 win.

MPC (2-1 overall) fumbled six times — losing two — and gave up a pair of interceptions to fall behind early. The Jaguars led 17-6 at the half, but the feeling remained that the game was MPC's for the taking if the Lobos could get their own house in order.

The deficit wasn't the fault of the defense, which allowed just one significant play in the first half when a missed tackle on a deep out pattern allowed Kirby Linscomb to race 68 yards down the left sideline late in the second quarter to push San Jose's lead to 17-6.

The Lobo offense, however, lost two fumbles in the first quarter before quarterback Keon Marsh threw a pick on the first possession of the second quarter that Christian Paolinetti returned 30 yards for the game's first touchdown.

Once the second half began, however, a heavy dose of Robante turned the game on its ear. Robante entered the game with 17 carries and 47 yards on the season. While he surpassed that total with 48 yards in the first half, he really took over after the intermission.

He carried the ball 14 times for 131 yards and his first two collegiate touchdowns in the second half, finishing 24-for-179. That total included three runs of 25 or more yards, all coming on plays run between the tackles.

"It's been a big adjustment to play at this level," said Robante. "But MPC is a great college and this is a great football program and I'm learning what I need to do."

The Lobo defense gave Robante his first chance to shine after stopping San Jose on downs to open the second half. He carried the ball seven times for 44 yards as part of an 11-play, 70-yard drive he capped with a 3-yard touchdown scamper to pull MPC to within 17-12 midway through the third quarter.

With players like Joseph Griffin and Kamen Dowdell-White creating havoc at and behind the line of scrimmage, and ball-hawking work in the secondary from Akeel Marsh, the San Jose offense stagnated. With the Lobo offense now in gear, the flow of the game changed dramatically.

A 32-yard Alex Elterman field goal brought MPC back to within 17-15. Another defensive stop set the table for Keon Marsh to make his biggest play of the game when he found Karsten Short alone behind a missed assignment in the San Jose secondary for a 36-yard strike that gave MPC its first lead of the game, 21-17.

Any hopes of a Jaguar rally ended soon thereafter when Akeel Marsh picked off a Ray Rivera pass to set the Lobo offense up its own 35. Eight plays later, Robante burst through the middle on a fourth-and-2 carry from the San Jose 25 and raced home for the backbreaking score.

"It wasn't really the plan going in," said Robante of his success running it up the gut. "We just adjusted to what was there. I didn't expect to score on that run, but it was a great feeling"

One more defensive stop gave MPC the ball near midfield and gave Robante one more chance to shine. Sticking to the formula, he raced straight ahead again, this time for a 47-yard score that put the game out of reach with less than four minutes remaining.

MPC takes part in California online education initiative

Online classes have been on the rise at MPC

By Claudia Meléndez Salinas

Jon Mikkelsen has developed a wealth of knowledge about the art of teaching online courses.

The chair of the business department at Monterey Peninsula College, Mikkelsen teaches about two online courses and two face-to-face classes each semester. He can see the guilt when students don't turn in assignments in their face-to-face classes – he can't see that online. Students who plan their work week do better than those who hope to cram everything at the last minute.

And students who sign up thinking online classes are easier than in-person are in for a big surprise.

"The responsibility for instruction is more on the instructor" in person, he said. "Online, the class becomes more (the students) responsibility. I can't tell them 'Put down your iPhone.'"

MPC has been offering online classes since 2000, but in the past few years the number of available sections has nearly doubled from 60 in the fall of 2011 to 112 this year.

Online education, like opening the Marina campus, is just another way to be more accessible to students, says Jon Knolle, associate dean of instructional technology and development at MPC.

"Most of our students inform us they have work commitments, family commitments, they have two jobs to juggle but they have to complete their education," Knolle said. "Many are students in our own region. Three-fourths are taking also face-to-face classes. Most of them take one class face-to-face, one class online. It helps them in terms of (avoiding) time conflicts."

The experience MPC has amassed during years of teaching online earned it a spot in the team of 24 California community colleges that will pilot the Online Education Initiative, an effort by the California Community Colleges to help increase the number of graduates.

The Online Education Initiative is tasked with developing an online course exchange that will allow students to take online courses from different colleges all over California. The goal is to make courses more accessible, which officials hope will boost the number of students receiving associate degrees and transfer to four-year universities.

"This is a huge project for the state, to take 112 schools and create some sort of a centralized system that will allow students to take class from any school across the state," Knolle said. "This is specifically so students can have additional opportunities to take classes. It may be that the home school does not offer the program they're looking for, or the classes they need to complete the program are not available. It's access."

Originally, only eight schools were supposed to be a part of the pilot program. Fifty-two schools applied, and plans changed so now there are 24 colleges taking part in three different stages of the effort.

Eight colleges will test tutoring services. Eight will test tools to gauge student readiness. The remainder will be a part of the full launch and implement the online courses in the fall of 2015.

MPC, along with Hartnell and Cabrillo colleges were chosen to test student readiness.

"We will be piloting student orientation modules that are specifically geared toward helping students succeed in online courses," Knolle said. "This pilot group will also be responsible for launching a new assessment to diagnose a student's readiness to take and succeed in an online course."

MPC already has its own resources to help students do well in online classes, Knolle said. They have an online help desk, online student orientation resources, and tips for reaching the finish line.

"Participating in the pilot will help us provide even more resources to help support student success," he said.

Success rate – percentage of students who complete the class – is typically lower online than face-to-face classes. At MPC, where the completion rate is higher than average, it's 65 percent of students online who complete classes, compared with 74 percent in person.

Steve Albert, who teaches economics online, believes in the future students will be better prepared for online classes as they move up a system that demands having some teaching elements on the Internet – testing at the very least.

"My own experience with my children is that they're working online in their elementary school and high school and middle school education quite a bit," he said. "As they move on to college, to MPC, Hartnell or Cabrillo when they have online classes they'll experience that in a different way than even students five years before them. They'll be much better prepared."

Nisha Addleman has been taking classes at MPC for four semesters, and several online courses for the last three. As she discovered her passion for helicopter flying, she also discovered that online classes were better at accommodating the unpredictable demands of her flying lessons.

"I have to depend on the weather and other people already on a schedule, it would have been impossible" to have a regular class scheduled, she said. "This really gives me the freedom to take the class lessons and be a helicopter pilot, which is my real passion."

Addleman, 20, confirms you have to be dedicated and focused to enroll in distance education.

"Online classes are for a specific type of person," she said. "I'm positive not everyone can do it. You have to be organized, you have to study really hard by yourself; you don't have lectures. I almost feel it's a bit harder but worth it for my schedule and the freedom it allows."

Claudia Meléndez Salinas can be reached at 726-4370.

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Community colleges need to complete success plan by Oct. 17

Need plan to increase graduation rates by Oct. 17

By Claudia Meléndez Salinas

California Community Colleges have until mid October to file a document that spells out how they intend to increase the number of students who earn a certificate, a degree, or transfer to a four-year university.

It's called the Student Success and Support Program plan, in which community colleges specify the services to be provided to students in four different areas: orientation, assessment and placement, counseling and advising, and follow up. The idea is to track students closely, particularly those considered at-risk, to make sure they're given the resources they need to achieve their goals.

Many of these services have been in existence for a while. The difference is, students will now be required to use them.

"We don't do optional anymore," said Hartnell College President Willard Lewallen. "That's a huge shift for a system. When you give students a choice guess what? Many of them do not do it, and we end up with poor success rates and we're trying to turn that around. This is a step in the right direction."

The direction in which California's community colleges have been marching was charted by the Student Success Act of 2012, a set of legislative mandates that include increasing college and career readiness, strengthening support for entering students, aligning course offerings to meet student needs, and improving education of basic skills students, among other recommendations.

These changes are the result of widespread efforts to refocus spending priorities at the community college level. Budget reductions during California's economic downturn resulted in many first-time students being turned away for lack of space, and existing students not getting the classes they needed. It was a time when counseling, assessment and other services for entering students were also severely reduced.

Community colleges are receiving special funds to implement the Student Success Plan. Monterey Peninsula and Hartnell colleges will receive \$1.3 million this year to pay for some of the services they'll be required to provide. Colleges will also be required to use money from the general fund as well.

As part of the plan, Hartnell developed a new interactive online student orientation last year, and now administrators mandate students complete it.

Hartnell administrators are now in conversations with counselors of local high schools to try to embed the online student orientation into the high schools common core curriculum for college readiness. They recently conducted a one-day institute to discuss curriculum alignment in math and English.

"We attempted to be in the same room to see how we can tackle some of these issues in preparation for English and math" at the college level, said Mark Sanchez, Hartnell's dean of student affairs. The conversation is the result of good relationships that have been developed with local districts, he added.

The process being followed at MPC has been similar to Hartnell's. Top administrators convened stakeholders from different areas of the college to discuss how to implement the plan. For starters, they are developing an online orientation element, to add it to the existing in-person orientation and a personal development class.

"Beginning November, we'll have three orientation formats to choose from," said Larry Walker, dean of student services at MPC.

All students have electronic education plans now, Walker said, which makes them accessible to the financial aid office. Financial aid has always been linked to student achievement, but with the new funds now provided by the state, there will be personnel hired to follow up with students who are falling behind.

"Now we can reach out more diligently to get (students) off probation," Walker said. Rather than sending them a letter, students will have to see a counselor individually or in a group, or take a workshop with instructions on how to get off academic probation.

Students go on academic probation if their GPA falls below 2.0 during a semester and they are taking at least 12 units.

Walker said MPC teams are now working on drafting the narrative of the Student Success plan. Hartnell College trustees got a glimpse of the document on Sept. 23, and are scheduled to consider it for approval on Oct. 7. The deadline to submit the plan to the Chancellor's Office of California Community Colleges is October 17.

Claudia Meléndez Salinas can be reached at 726-4370.

SQUID FRY 10.02.14 - Rubber Match...

Squid | Posted: Thursday, October 2, 2014 12:00 am

RUBBER MATCH... Squid's not in the business of forecasting the weather, but Squid can say with certainty that on the night of Saturday, Oct. 25, a brief shower of chickens will rain on Monterey.

Squid learned of the unusual meteorological event from an email titled "**MPC vs Hartnell** Football Game includes \$1,000 winner." It was one of many Squid gets from PR folks every day, and Squid's not so sure why Squid clucked, err, clicked on it.

But Squid's happy Squid did. Attached to the email was a photo of **Monterey Peninsula College** President **Walter Tribley** sitting at his desk wearing a chicken mask. **MPC Foundation's** newly created **Lobos Booster Club** is raising money at this year's homecoming game, but with no budget for **Beyonce**, what's a booster to do?

Chickens, baby. Make it rain chickens.

The fundraiser goes like this: Buy a \$100 raffle ticket and get a one in 100 shot at winning \$1,000, \$500 or \$200 – it depends on the chicken. Come halftime, the field will be divided into virtual grids and a helicopter will circle in. When the chopper hits 200 feet above the field, three rubber chickens will make their plummeting descents. The three lucky winners will then head to the field where Tribley – who holds a Ph.D. in biochemistry and molecular biology – will present their checks with a chicken mask on.

That's how you fundraise.

BEAUTY QUEEN... Between Squid's mottled and patchy mantle, red and beady eyes and Squid's altogether swampy air that just oozes get-this-sucker-with-the-suckers a decent scrubbing, Squid needs a makeover the way Carmel Mayor **Jason Burnett** needs a new city administrator. Which has Squid feeling uncharacteristically optimistic about the area's newest – and one of the most innovative – new businesses.

Sugar and Spice Studios just cropped up in the Toro Park Shopping Center along Highway 68 with what it's calling "a unique niche as the only girls' makeover party shop in Monterey County." According to a release that came as the *Weekly* went to press: "The experience-driven retail store... offers girls age 4 and up the royal treatment in a fantasyland for birthday parties and special events."

In other words, no more having to ransack the samples at the **Macy's** perfume counter. Even better, Squid doesn't have to wait until little **Squidalina** reaches, say, first or second

grade to rev up her cosmetic and consumer instincts, all while whittling away at her self image.

Squid just has to find some friends and then get them to throw a party there, where the studio is draped with boas and accessories, girls' cosmetics, games, jewelry and crafty items. Hopefully they add the age-appropriate reality show cameras soon.