

Monterey Peninsula College

Job Center

Federal Work Study Required: Yes

Job Title: Student Wellness Ambassador

Department: Student Health Services

Pay Rate: \$17.00/Hr

Work Schedule: 16hrs per week, 8am-5pm (12-1pm lunch break)
days of the week: Monday & Wednesday or Tuesday & Thursday
shifts include: Fall & Spring Semester

Job Descriptions and Minimum Requirements: Under the direction of the Coordinator of Student Health Services, the Student Wellness Ambassador will work collaboratively with the rest of the Student Health Services (SHS) team and campus partners to help lead the outreach and promotion to support student health and wellness, deliver student health education, facilitate and encourage participation in peer-to-peer support and wellness events, and help support and improve overall operations of SHS.

Example of Duties:

- lead tabling events
- manage bulletin boards
- help create and update flyers, handouts, and key information on our SHS website
- provide backup support to other SHS staff during their workshops/presentations
- represent MPC Student Health Services and develop a strong network of relationships with Student Services, Athletics, student clubs, etc... to promote our services

- using an intersectional and collaborative approach, present targeted prevention strategies to identified risk populations including LGBTQIA+ students, students with disabilities, students of color, athletes, and other under-served populations
- establish and maintain relationships with students by providing promotional classroom presentations, hosting wellness activities, facilitating peer-to-peer support groups, tabling, club involvement, etc...
- solicits feedback to improve services
- establish a robust social media presence. Coordinates the creation and distribution of marketing and promotional materials for all assigned initiatives
- front office duties may be necessary at times to maintain student access to health and wellness resources during our published business hours.
- perform other job related duties as assigned

Qualifications:

- pursuing higher education at Monterey Peninsula College in an area related to mental or physical health such as: public health, health education, medical assisting, nursing, social work, psychology, sociology, ethnic and gender studies, human development, etc.
- ability to maintain strict, confidential health information and perform a wide range of duties that require tact, sensitivity, independent judgement, diplomacy, flexibility, and discretion
- customer service skills- provide a welcoming environment, manage difficult or emotional situations with grace, responds promptly to needs
- punctual and meets commitments
- team player
- enthusiasm for educating peers/students about health services