



MONTEREY PENINSULA COLLEGE

DEPARTMENT OF ATHLETICS

980 FREMONT ST. MONTEREY, CA 93940-4799

PHONE: 831.646.4220 FAX: 831.645.1334

2023 Monterey Peninsula Premiere

Hosted by Monterey Peninsula College Track & Field

Saturday, February 18, 2023

Start Time: 11:00AM

Entry Fees: Please make checks payable to **MPC Track and Field**

Teams: \$175 per gender, \$350 for both / Unattached/Teams of 8 Individuals or less: \$20 per athlete

ALL entry fees will be collected at the Clerk of the Course prior to 1st event

No charge for spectators

Entry Registration:

Teams must register through Direct Athletics by Wednesday February 15th by 11:59pm.

<http://www.directathletics.com>

This meet will include the following Events:

Field Events: (Throw Events - 4 Throws – No Finals / Horizontal Jump Events - 4 Jumps - No Finals)

Minimum Heights:

High Jump: Women- 4'2; Men- 5'2 (2" increments thereafter)

Pole Vault: Women- 7' (6" increments to 9' then 3" thereafter); Men- 9' (6" increments to 12' then 3" thereafter)

*Javelin and Hammer Throw will not be contested at MPC (You may choose to contest these events at your home site and bring forward your results on Saturday to the timer. Heat sheets will be provided Thursday evening February 16th).

Pole Vault (Women followed by Men) 11:00AM

Shot Put (Women followed by Men) 11:00AM

Long Jump (Men followed by Women) 11:00AM

High Jump (Women followed by Men) 2:00PM or after Pole Vault concludes

Triple Jump (Men followed by Women) 2:00PM or after Long Jump concludes

Discus (Women followed by Men) 2:00PM or after Shot Put and Pole Vault concludes

*We anticipate having enough volunteers from MPC but would appreciate additional help from each participating college to help our officials run each event efficiently.





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Start Time: 11:00AM

Track Events: (Will feature electronic timing)

*Track Events will start at 11:20am and then proceed with the following order of events. The final Time Schedule will be provided to participating teams on Friday morning February 17th.

W/M 2000m Steeplechase

W/M 4x100m Relay

W/M 1500m

W 100m Hurdles

M 110m Hurdles

W/M 400m

W/M 100m

W/M 800m

W/M 400m Hurdles

W/M 200m

W/M 3000m

W/M 4x400m Relay

Concessions: A Snack Bar will be available and located on the West end of the stadium.

First Aid: MPC Athletic trainers will be On Site. Teams and individual athletes are responsible for supplying their own Athletic Tape, Medical Supplies, etc.

Warm-Up Area: Will be located on the Women's Softball Field adjacent to the track.

Check-in:

Track Events: 30 Minutes prior to the start of the event at the Clerk's table.

Field Events: 30 Minutes prior to the start of the event at the field event site.

Parking: Parking is free and nearest to the Track in parking Lot C





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Meet Schedule

(Subject to Change)

Field Events

Throw Events - 4 Throws – No Finals / Horizontal Jump Events - 4 Jumps - No Finals

Pole Vault (Women 1st followed by Men).....	11:00am
Shot Put (Women 1st followed by Men).....	11:00am
Long Jump (Men 1st followed by Women).....	11:00am
Triple Jump (Men 1st followed by Women).....	2:00pm
High Jump (Women 1st followed by Men).....	2:00pm
Discus (Women 1st followed by Men).....	2:00pm

Track Events

W 2000 Steeplechase.....	11:20am
M 2000m Steeplechase.....	11:40am
W 4x100m Relay.....	12:00pm
M 4x100m Relay.....	12:10pm
W 1500m.....	12:20pm
M 1500m.....	12:30pm
W 100m Hurdles.....	12:45pm
M 110m Hurdles.....	12:55pm
W 400m.....	1:10pm
M 400m.....	1:20pm
W 100m.....	1:35pm
M 100m.....	1:45pm
W 800m.....	2:00pm
M 800m.....	2:10pm
W 400m Hurdles.....	2:25pm
M 400m Hurdles.....	2:35pm
W 200m.....	2:50pm
M 200m.....	3:00pm
W 3000m.....	3:15pm
M 3000m.....	3:30pm
W 4x400m Relay.....	3:45pm
M 4x400m Relay.....	3:55pm





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Saturday, February 18, 2023

Start Time: 11:00A

Questions should be directed to:

Nick Cunningham

Head Coach

Men's and Women's Track & Field

Monterey Peninsula College

Office: 831-646-4199

Mobile: 831-238-5665

Email: ncunningham@mpc.edu

From CA-1 S

- Take exit 401A toward Monterey
- Continue on Fremont St to your destination
- Turn left onto Via Mirada
- Turn left onto Fishnet Rd
- At the second Stop Sign- Turn Left into the Parking lot
- Parking Lot C- Monterey Peninsula College- Monterey, CA 93940

