

**Updated for 2022** 

Presented for review-Safety & Emerg Prep Mtg (Feb 2022)

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### 1. General Guidance for Preventing COVID-19 Transmission During CPR and First Aid

While there is currently no specific data on COVID-19 transmission while performing CPR or giving first aid, it is reasonable to conclude that chest compressions have the potential to generate respiratory droplets or aerosols and close contact needed for some aspects of first aid may have risk of transmission.

#### 2. Guidance for PPE

For lay responders and those who may need to provide care to someone suspected to have COVID-19. We recommend wearing PPE as recommended by CDC, this would be wearing respiratory protection using a respirator (e.g. N-95 mask), eye protection, disposable gloves and a disposable isolation gown if possible. Per CDC guidance facemasks are an acceptable alternative when there is shortage of N-95. During the COVID-19 pandemic, for all persons requiring CPR, personal protective equipment (PPE) such as gloves and face mask should be worn, if available. We recognize that for lay responders, CPR and first aid is often performed for household members where there would have already been close contact and exposure.

We (American Red Cross) recommend placing a face mask or face covering over the mouth and nose of the victim. If only 1 mask is available and it is simple face mask or face covering, we recommend placing it on the victim.

(Source – American Red Cross Training Services)

#### **PURPOSE**

The purpose of this program is to establish a protocol for the use of an Automated External Defibrillator (AED) at Monterey Peninsula College (MPC) and to assist in the care of the Sudden Cardiac Arrest (SCA) victims.

#### PROGRAM APPROVAL

The AED Program Administrator or designee listed below must approve any changes to the MPC AED program before they are put into practice. The AED Program Administrator – Vice Pres. Admin. Svc – Steven Haigler.

#### **ABBREVIATIONS**

AED: Automated External Defibrillator

AHA: American Heart Association

Cal/OSHA California Occupational Safety & Health Administration

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CCR: California Code of Regulations

CPR: Cardio Pulmonary Resuscitation

EAP: Emergency Action Plan

EMS: Emergency Medical Services

FDA: Food and Drug Administration

OSHA: Occupational Safety & Health Administration

SCA: Sudden Cardiac Arrest

THI: Tyler Heart Institute

#### **DEFINITIONS**

"AED" means an automated external defibrillator capable of cardiac rhythm analysis, which will charge and, with or without further operator action, deliver a shock after electronically detecting and assessing ventricular fibrillation or rapid ventricular tachycardia.

1.1.1. These devices are known as fully or semi-automatic defibrillators.

"AED Service Provider" means any agency, business, organization or individual who purchases an AED for use in a medical emergency involving an unresponsive person who is not breathing.

1.1.2. This definition does not apply to individuals who have an AED prescribed by a physician for use on a specifically identified individual.

"Cardiopulmonary Resuscitation" or "CPR" means a basic emergency procedure for life support, consisting of artificial respiration and manual external cardiac massage.

"EMS" means Emergency Medical Services.

"Internal Emergency Response System" means a plan of action and responders within a facility to activate the "9-1-1" emergency system, and which provides for the access, coordination, and management of immediate medical care to seriously ill or injured individuals.

"Lay Rescuer" means any person, not otherwise licensed or certified to use the AED, who has met the training standards of Title 22, and has been issued a prescription for use of an AED on a patient not specifically identified at the time the physician's prescription is given.

"Medical Director" means a physician, licensed in California, who issues a written order for the use of the automated external defibrillator to authorized individual(s), and who develops, implements, and maintains the medical control provisions specified in Title 22.

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1.1.3. Per SB (Senate Bill) – 658, the medical director is no longer required to be responsible for the AED Program.

#### REGULATIONS

This program complies with all of the following regulations:

- 1.1.4. California Occupational Safety and Health Administration (Cal/OSHA), California Code of Regulations (CCR), Title 22. Social Security, Division 9. Prehospital Emergency Medical Services, Chapter 1.8. Lay Rescuer Automated External Defibrillator Regulations.
- 1.1.5. Cal/OSHA, California Civil Code (CCC), §1714.21, "Defibrillators. "
- 1.1.6. Cal/OSHA, California Health and Safety Code (CHSC), §1797.196, "AED or Defibrillators".
- 1.1.7. Cal/OSHA, CCR, Title 8, General Industry Safety Orders (GISO), §3400, "Medical Services and First Aid".
- 1.1.8. California Senate Bill (SB) 911 states that:
- 1.1.8.1. A person who has completed a basic CPR and AED course and who, in good faith and not for compensation, renders emergency care or treatment by the use of an AED at the scene of an emergency shall not be liable for any civil damages resulting from any acts or omissions in rendering the emergency care.
- 1.1.8.2. A person or entity that provides CPR and AED training to a person who renders emergency care shall not be liable for any civil damages resulting from any acts or omissions of the person rendering the emergency care.
- 1.1.8.3. A physician who is involved with the placement of an AED and any person or entity responsible for the site where an AED is located shall not be liable for any civil damages resulting from any acts or omissions of a person who renders emergency care if that physician, person, or entity has complied with all requirements of §1797.196 of the Health and Safety Code that apply to that physician, person, or entity.
- 1.1.8.4. The protections specified in this section shall not apply in the case of personal injury or wrongful death that results from the gross negligence or willful or wanton misconduct of the person who renders emergency care or treatment by the use of an AED.

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- 1.1.9. Title 22 §100036 states that any physician licensed in California may authorize an individual to apply and operate an AED on an unconscious, pulse less, patient who is apneic or has agonal respirations, only if that authorized individual has been successfully trained according to the standards prescribed by Title 22.
- 1.1.9.1. An individual shall be eligible for the training prescribed in Title 22 if the person has been trained in CPR, and has demonstrated proficiency in CPR practices to the satisfaction of the prescribing physician.

#### PROGRAM MANAGEMENT

MPC has established a centralized management system for the AED program.

The AED Program Administrator or designee is responsible for implementing and maintaining the AED program.

#### **MEDICAL DIRECTION & STANDING ORDERS**

1.1.10. A medical director or other physician and surgeon is no longer required to be involved in the acquisition or placement of an AED.

The day-to-day management of the AED program is to be provided by the AED Program Administrator or designee.

The AED is to be used by trained personnel for patients that are:

- 1.1.11. Unconscious;
- 1.1.12. Not breathing; and/or
- 1.1.13. Have no pulse.

#### **EMS COORDINATION**

Notify an agent of the local EMS agency of the existence, location, and type of AED acquired. Program Administrator or designee

The AED Program Administrator or designee will complete the EMS notification form in Attachment A and forward to the local EMS provider.

The Program Administrator or designee is to keep a copy of the filled out form in Attachment A.

1.1.1. The Program Administrator or designee is to keep a copy of the filled-out form in Attachment A.

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#### **SELECTION**

The AED selected meets the recommendations of the American Heart Association (AHA) Guidelines for CPR and Emergency Cardiovascular Care.

The AED used at this site is:

- 1.1.2. Manufacturer: LIFEPAK-Physio Control (See Attachment D: AED TRACKER
- 1.1.3. Model number: Physio Control LIFEPAK CR Plus (See Attachment D: AED TRACKER

The pad expires in approximately 3 years (See Attachment D: AED TRACKER)

The battery expires in approximately 3 years. (See Attachment D: (AED TRACKER)

#### CARRY CASE CONTENTS

In addition to the AED, the following medical equipment and supplies are included in the carry case to support the safe and complete management of workplace cardiac emergencies.

- 1.1.4. Nitrile gloves (2 pairs)
- 1.1.5. Extra AED electrode pad
- 1.1.6. Razor (to shave chest hair)
- 1.1.7. Dressing (to dry sweat from the chest or after removal of a nitroglycerine transdermal patch)
- 1.1.8. EMT scissors (to cut off clothing or undergarments to allow access to bare skin on the patient chest)
- 1.1.9. N-95 or face mask as per CDC Guidelines, and eye protection (goggles). One-way valve for mouth to mouth resuscitation
- 1.1.10. AED manual (in case or posted nearby).

#### **PLACEMENT**

AEDs are to be placed in locations throughout MPC that will allow initiation of resuscitation and use of the AEDs (the "drop-to-shock" interval) within 3-5 minutes of recognized cardiac arrest.

AEDs have been placed in the following locations:

1.1.11. AED #1 through 10- (See Attachment D: AED TRACKER)

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When an AED is placed in a building, the building owner (MPC) shall do all of the following:

(Note: Tyler Heart Institute conducts a **one hour** inservice training for the building occupants upon AED installation):

- 1.1.12. At least once a year, notify the occupants as to the location of the AED units and provide information to tenants about who they can contact if they want to voluntarily take AED or CPR training.
- 1.1.13. At least once a year, offer a demonstration to at least one person associated with the building so that the person can be walked through how to use an AED properly in an emergency. Tyler Heart Institute will conduct an annual campus-wide training for the AED.
- 1.1.13.1. The building owner may arrange for the demonstration or partner with a non-profit organization to do so.
- 1.1.14. Next to the AED, post instructions, in no less than 14-point type, on how to use the AED. See Attachment F "Using the Defibrillator (2 page step by step).

#### INTERNAL RESPONDERS

This AED program is a part of MPC's Emergency Action Plan (EAP).

#### **TRAINING**

The AED training shall include the following topics and skills:

- 1.1.15. Proper use, maintenance and periodic inspection of the AED
- 1.1.16. CPR
- 1.1.17. Defibrillation
- 1.1.18. Overview of the local Emergency Medical Services (EMS) system, including 9-1-1 access, and interaction with EMS personnel
- 1.1.19. Assessment of an unconscious patient to determine if cardiac arrest has occurred and the appropriateness of applying and activating an AED
- 1.1.20. Information relating to defibrillator safety precautions to enable the individual to administer shock without jeopardizing the safety of the patient or the authorized individual or other nearby persons
- 1.1.21. Recognition that an electrical shock has been delivered to the patient and that the defibrillator is no longer charged

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- 1.1.22. Rapid, accurate assessment of the patient's post-shock status to determine if further activation of the AED is necessary and,
- 1.1.23. Authorized individual's responsibility of continuation of care, such as the repeated shocks if necessary, and/or accompaniment to the hospital, if indicated, or until the arrival of more medically qualified personnel.

Any employee that is expected to provide emergency response as a condition of their employment or job description will be trained in the use of a CPR and AED.

The CPR/AED training will be done according to guidelines set forth by The American Heart Association and the Red Cross.

1.1.24. The initial training will be for a minimum of 8 hours.

## 1.1.24.1. <u>Refresher training will be provided annually for at least 4 hours. (Or every 2 years for 8-hour training.</u>

Tyler Heart Institute will offer on an annual basis voluntary AED refresher training to any employee or staff member of MPC. See documented trainings under Campus Safety "Important Documents".

The AED Program Administrator or designee shall document the AED training (CPR-1<sup>st</sup> Aid AED 8 Hr & Refresher) and maintain a copy of the training records for AED users in Attachment C.

#### **PROCEDURE**

The following procedures are to be used when responding to a medical emergency, which may require the use of an AED.

Assess scene safety:

- 1.1.25. Is the scene free of hazards such as:
- 1.1.25.1. <u>Electrical dangers (downed power lines, electrical cords, etc.)</u>
- 1.1.25.2. <u>Chemical (hazardous gases, liquids or solids, smoke, etc.)</u>
- 1.1.25.3. Harmful people (anyone that could potentially harm you)
- 1.1.25.4. <u>Traffic (make sure you are not in the path of traffic)</u>
- 1.1.25.5. <u>Fire or flammable gases such medical oxygen, cooking gas, etc.</u>

If it is safe to approach the patient open the AED carry case to allow access to the AED and accessories.

Put on a pair of Nitrile gloves (if available).

Put on a face mask.

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Determine if patient is Unresponsive:

1.1.26. Tap and shout "Are you OK?" (Keep your distance, tap feet for exa.)

If no response, activate the site contingency plan:

- 1.1.27. Point to someone and say:
- 1.1.27.1. <u>"YOU" call 9-1-1.</u>
- 1.1.27.2. <u>Tell the operator that we have an unconscious person.</u>
- 1.1.27.3. <u>Tell the operator the location of the patient</u>
- **1.1.27.4.** Then come back."
- 1.1.28. If no one is around, call the emergency number and provide information on emergency, location and actions to take before providing any additional aid.

Follow the ABCD of medical response (maintain distance):

- 1.1.29. A: Airway- Place a hand on the patient's head and one under their chin and lift the chin to open the airway and check for obstructions
- 1.1.30. B: Breathing: Check for breathing, maintain distance. Place your head near the patient's face to determine if patient is breathing. Do not do mouth-to-mouth aid, begin chest compressions, until AED.
- 1.1.31. C: Circulation- Check for a carotid pulse by placing two fingers on the neck to the side of the trachea.
- 1.1.32. D: Defibrillation begin defibrillation once AED arrives.
- 1.1.32.1. <u>If no pulse, no movement, not breathing normally or at all, deploy</u> the AED using the following steps:
  - 1. Place your defibrillator near the victim and on the side next to you. Press the *on/off* button to open the lid and turn on your defibrillator. Remain calm. Your defibrillator will guide you through the defibrillation process.
    - 2. Expose the victim's chest. If the chest is excessively hairy, quickly shave the hair if possible for best contact in the area where you will place the pads. If the chest is dirty or wet, wipe the chest clean and dry. If there are medicine patches on the victim's chest, remove them.

- 3. Hold down the left side of the electrode packet with one hand and pull the red packet handle down with the other. The electrode packet tears open.
- 4. Tear open the packet completely to remove the pads. A small piece of the packet will remain attached to your defibrillator.
- 5. Separate the electrode pads, one at a time, from the blue plastic. Use these pads on adults or children 8 years of age or more, who weigh 25 kg (55 pounds) or more. For infants or children who are less than 8 years of age or who weigh less than 25 kg (55 pounds), special electrodes can be used if available. Warning if you cannot determine a child's age or weight, or if special infant/child electrodes are not available, proceed with the existing electrode pads, and continue on to the next step.
- 6. Apply the electrode pads to the victim's bare chest (exactly as shown in the picture on the pads). Be sure to press firmly so that the pads completely adhere to the victim's chest. Note: be sure you do not place the electrode pads over an implanted device such as an implanted pacemaker or icd. An indication of an implant is a protrusion in the chest skin and a scar. If you are in doubt, apply the pads as shown on the labels.
- 7. Listen to voice instructions and do not touch the victim unless instructed to do so.
- 8. If the defibrillator heart rhythm analysis determines that a shock is needed, the defibrillator will announce preparing to shock, and then instruct you to press flashing button to administer a shock (semiautomatic model) or it will announce preparing to shock, and then automatically administer a shock without requiring further action (fully automatic model).
- 9. Do not touch victim while a shock is delivered.
- 1.1.33. Do not remove the pads or disconnect them from the defibrillator until emergency medical personnel arrive. If the victim starts moving, coughing, or breathing regularly, place the victim in the recovery position (as instructed in CPR training) and keep them as still as possible.

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- 1.1.34. If the patient regains consciousness, make them as comfortable as possible until ambulance personnel arrive on scene. Once the EMS provider arrives on site advise them of the following:
- 1.1.35. If the patient has been shocked, and if, so how many times.
- 1.1.36. If the patient has received CPR.
- 1.1.37. Estimated time that the patient passed out, stopped breathing or had no pulse
- 1.1.38. If the cardiac arrest was witnessed or not.

#### **INSPECTION**

The AED display panel has an "OK" light indicating the unit is ready to use. If anything other than "OK" is displayed the 1-800 number on the tag should be called

- 1.1.39. The AED will also alarm if the pads are removed from the unit.
- 1.1.40. If the audible alarm has been activated or the indicator is red notify the AED Program Administrator or designee.

Ensure that an inspection is made of all AEDs on the premises at least every 90 days for potential issues related to operability of the device, including a blinking light or other obvious defect that may suggest tampering or that another problem has arisen with the functionality of the AED. (Note: MPC is enrolled in the THI monthly readiness check wherein a building member or member of Security conducts the check by visiting a portal: tylerheart.onlineoversight.com.

- 1.1.41. It is recommended that the status indicator be checked daily to ensure it reads "OK" in the window. (Suggest a building member check.)
- 1.1.42. When the indicator is "OK", the unit is ready for a rescue.
- 1.1.43. If the indicator shows other than "OK", refer to the trouble-shooting guide in your user's manual and notify Security or the Program Administrator or designee.

# MAINTENANCE (TYLER HEART INSTITUTE AND MPC SECURITY).

Ensure that the AED is maintained and tested according to the operation and maintenance guidelines set forth by the manufacturer.

It is important that AEDs be maintained in optimal working condition. Inspect the AED upon unpacking it for the first time by:

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- Checking the "use by" date for pads/battery life and that the "OK" symbol is displayed through the window. The AED should arrive ready to use with the battery charged and pads in place.
- Make sure the speaker is working by opening the lid release button which should activate a voice prompt "Call for help now!" Then turn off device by holding the button for a few seconds as it powers down. A visual inspection of the AED in its case for the "OK" sign is all that is required as an inspection. The AED does periodic self checks and will indicate other than "OK" if it requires maintenance. Do not open the case unless necessary as this uses up battery life.
- 1.1.44. See "Required Maintenance" section in the AED user's manual for proper annual maintenance procedure.

The pads and batteries are to be replaced every 3 years. Pads and batteries have visible replacement/expiration dates). THI sends a monthly reminder to building stakeholders, Security and Administrative Services office for AED checks as well as notification as to when each unit's pads and batteries require replacement.

The AED accessories will be maintained as recommended by the manufacturer or supplier.

The Program Administrator or designee and Tyler Heart Institute shall monitor the FDA and the manufacturer for product recalls and corrective actions

All emergency equipment will be evaluated, serviced, or replaced as necessary following use.

1.1.45. If during use any adverse field events occur, the Program Administrator or designee will file a report with the FDA and the manufacturer.

The AED Program Administrator or designee will maintain records of the dates and details of servicing or replacement of AEDs or ancillary equipment and supplies.

The AED Program Administrator or designee should assign a number to each AED and then track each AED's pertinent information using the AED tracker form in Attachment E.

The Tyler Heart Institute (THI), Program Administrator or designee will conduct software and firmware updates in keeping with manufacturer requirements.

1.1.46. This task will be Documented on the AED Tracker Form

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#### POST AED ACTIVATION

After an incident during which an AED was activated the AED Program Administrator or designee will download the rescue data from the AED and submit to the appropriate medical facility.

- 1.1.47. Fill out the AED Activation Form (Attachment B) and submit to the Program Administrator or designee.
- 1.1.48. The Program Administrator or designee and THI will conduct a medical review of every use of an AED.
- 1.1.49. The AED Program Administrator or designee will also notify the local EMS of the AED activation using the appropriate form. The AED can then be put back into service after the following steps are taken:
- 1.1.50. Remove the used pads from the AED and replace it with the extra pads stored in the carry case.
- 1.1.51. Make sure that any other supplies used during the incident are replaced.
- 1.1.52. Make sure the unit is not contaminated with blood.
- 1.1.53. Place the AED back in service.

#### PROGRAM EVALUATION

The AED Program Administrator or designee or designee will evaluate the AED program and policies annually and after an event to ensure that the program is being effectively implemented and is up to date.

1.1.54. To comply with this section the Program Administrator or designee will keep a running "Update" log in Section 20 – Revision.

Any problems that are identified during this assessment shall be evaluated and corrected if necessary.

#### RECORDKEEPING

The following records shall be kept:

- 1.1.55. EMS AED notification form.
- 1.1.56. AED-related training including names of instructors, personnel trained, courses completed, and dates of initial, review, renewal, or skill practice classes;
- 1.1.57. AED service and updates; and

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- 1.1.58. Completed AED activation form.
- 1.1.59. Medical reviews of AED implementation.
- 1.1.60. Program evaluation.

#### **REVISION**

Initial program development date:

1.1.61. November 13, 2016 (Draft).

#### Updated:

- 1.1.62. March 2017 (Draft).
- 1.1.63. Sept. 2018.
- 1.1.64. Sept. 2019
- 1.1.65. Sept. 2020
- 1.1.66. Feb 2022

Attachment A – EMS Notification

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#### **EMS NOTIFICATION FORM**

COMPANY NAME:	Monterey Peninsula College		
ADDRESS:	980 Fremont Street		
	Monterey, CA 93940		
AED PROGRAM ADMINISTRATOR NAME:	Vice Pres., Admin. Svc. Steven Haigler		
	Contact: Suzanne Ammons, Admin Svc.		
AED PROGRAM ADMINISTRATOR NUMBER	: 831-646-4040		
DATE AED PLACED IN SERVICE:	(See attachment D).		
AED BRAND AND MODEL:	Physio Control Lifepak CRplus		
AED ONSITE STORAGE LOCATION:	(1) Stu. Health Svc (Stu. Svc. Bldg), (2) Fitness Ctr Bldg, (3) Library Tech. Ctr, (4) Security (Stu Ctr), (5) Lecture Forum, (6) Pool, (7) ECE – Child Dev. Ctr., (8) Theater, (9) Education Ctr at Marina, (10)-Stu. Svc Bldg Lobby, (11) Public Safety Training Ctr- AED owned by South Bay Public Safety Training Consortium, (12) Gym-Athletic Trng Ctr (used as portable). (13) 1st Flr Gym, (14) Admin. Bldg., (15) Adapted PE, (16) IC Bldg., (17) LS Bldg., (18) PS Bldg.		
AED TRAINING PROVIDED BY: Tyler Heart Is each AED Bu	nstitute- 1 hour AED Training Annually and with nilding install.		
Enviro Safete	ech, Inc. (8 HR CPR-1 <sup>st</sup> Aid & AED plus refresher)		
NUMBER TRAINED: Refer to training records a	vailable pg. 20 and Administrative Services.		
DATE TRAINING COMPLETED:	Refer to Administrative Services.		
REFRESHER TRAINING TO BE PROVIDED:	THI- Annual 1 hour & /Enviro Safe Tech- 8 hr/4 HR refresher.		
MEDICAL DIRECTOR:	Tyler Heart Ins.		
EMS TELEPHONE:	911		
EMS DEPARTMENT NAME: Monterey Fir	e Dept. – non emergency (831) 646-3900		
EMS DEPARTMENT CONTACT NAME:			
EMS MAILING ADDRESS:			

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EMS CITY, STATE & ZIP:	
Date EMS notified:	

# **Attachment B – AED Activation Form**

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#### **AED ACTIVATION FORM**

1-	DATE & TIME ACTIVATED:
2-	PATIENT NAME:
3-	PATIENT AGE: GENDER:
4-	INCIDENT LOCATION:
5-	WAS SCA WITNESSED?
6-	WAS PATIENT BREATHING?
7-	BYSTANDER CPR PROVIDED?
8-	CARDIAC ARREST UPON ARRIVAL?
9-	NUMBER OF DEFIBRILLATIONS:
10-	EFFORTS TERMINATED IN FIELD (circle)? YES NO
11-	ANY COMPLICATIONS?
12-	COMMENTS:
COM	IPLETED BY: DATE:
	e send to the AED Program Administrator or designee (VP Admin Svc) and medical director I rah Brown (Student Hlth Svc), Deena Haynes (Tyler Heart Inst- CHOMP).

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#### ATTACHMENT C – AED TRAINING RECORDS

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Inservice 1 hr trainings by Tyler Heart Inst. April 12, 2019 (Example)

	AED Annual Trainir Sign in Sheet, April 12, 2019	ng
(PRINTED)	SIGNATURE	Dept/Building Rep
Same Among	Hen	Admin
Alexia Bollin	(02	Admin (OAA)
Henry Guerra	J-644	THATTE BOXOFFICE
JUNEAU HUNCHSON	The Sight of the	L-BR ANT
Pennel Minetine	Telling	Student Hewith Service
Daniel Phillips	Can flein	Physiol Edwarfon
THYEN NOW!	999	MATH
Jenifer Taylor	4/17/	PRIE
Katy wison		PRIE
LARRY BANSON	4 Serry Rosson	SECURITY SEPART THEN ?
-	4	<u>V-35-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5-5</u>
JoRene Finnell	Jaml	ADM
Mary Weber	May 7 Welle	Fiscal
Amelya Converse	amply and	Limary
ERIC MOXIMOFF	and	THEATER ARTS
The Ima Movales	The Buy Mines	Fiscal Services
Things Call	Have Have	FACGI
Amber Mettler	Dung the	PE PE
Daniel Phillips	Daniel Phillip	m. PE
Violet # Judd	AM	Security
Drego Esprez		Title V HSI
Francisco Tostado	A.	SES

# Example Training 8 HR CPR/1st Aid & Refresher

TRAINING RO Jul 24, 2019	OSTER:		Enviro Safetech Your SAFETY is Our Business 2160-B Oakland Road, San Jose, CA 95131 tel: (408) 943-9090 fax: (408) 943-9292 web: www.envirosafetech.com				
Company	First-Last Name	Course Name	Score	Training Date	Certificate Expiration	Certificate	Name
NCCCP - MPC	Suzan ne Ammons	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21	84058	Larry Nordhoff
NCCCP - MPC	Agustin Chavarria	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21	84061	Larry Nordhoff
NCCCP - MPC	Nicole Dunne	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21		Larry Nordhoff
NCCCP - MPC	Kalen Edwards	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21	84057	Larry Nordhoff
NCCCP - MPC	Kevin Haskin	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21		Larry Nordhoff
NCCCP - MPC	Violet Judd	First Aid/CPR/AED Recertification	100	6/28/19	6/27/21		Larry Nordhoff
NCCCP - MPC	Christine Ramsey-Wood	First Aid/CPR/AED Recertification		6/28/19			Larry Nordhoff
NCCCP - MPC	Albert Rivas	First Aid/CPR/AED Recertification		6/28/19			Larry Nordhof
NOCCP - MPC	Juan C. Zamora Ayala	First Aid/CPR/AED Recertification		6/28/19	W157.W		Larry Nordhoff



#### **AED Inservice Training**

Created by: sammons@mpc.edu · Your response: ✓Yes, I'm going

Time

1pm - 2pm (Pacific Time - Los Angeles)

Date

Fri Nov 22, 2019

Where

LF 101

Description

45 min - 1 hour hands-on AED training conducted by Tyler Heart Institute in conjunction with the purchase of 5 additional AEDs. Open to all, signups in advance preferred.

#### Suzanne

My Notes

#### Guests

- ✓ Antoine Andari
- ✓ Alison Shelling
- ✓ brittney.wiblin@chomp.org
- Christine Wood
- ✓ Jessica Cerritos
- ✓ Kalen Edwards
- ▼ Kalen Euwarus
- Kayla Valentine
- ✓ Karoline Grasmuck✓ Katy Wilson
- ✓ Laura Loop
- ✓ Pete Benavente
- ✓ Pearl Martinez
- ✓ Suzanne Ammons
- ✓ Ursula Rendon
- ✓ Violet Judd
- ✓ Vicki Rhea
- Alicia Cadriel
- Amber Mettler
- David Brown
- Diego Espinoza
- Erik McDonald
- Jennifer Taylor Declined because I am out of office
- Kimberly Panis Vacation day.
- LaKisha Bradley
- LeAnn Contapay
- Linda Sasaki
- Mark Clements

Alexis Bollin

Amelia Converse Barbara Smallwood

Chris Anderson

Catherine Nyznyk

Georgina Reinke

Heather Craig

Jill Cavanaugh

John Kaehler

Jon Knolle

Jonathan Lyons

Juan Zamora Ayala

Laura Worley

Man Kim

Michael Midkiff

MPC Security

Mary Weber

Pamela Gangloff

Paul Garza



#### AED Inservice -

Created by: sammons@mpc.edu · Your response: ✓Yes, I'm going

Time

2:30pm - 3:30pm (Pacific Time - Los Angeles)

Date

Fri Nov 22, 2019

Where

LF 101

Description

45 min - 1 hour hands-on AED training conducted by Tyler Heart Institute in conjunction with the purchase of 5 additional AEDs. Open to all, signups in advance preferred.

#### Suzanne

My Notes

Guests

- ✓ Diana Baltazar
- ✓ Diane Boynton
- ✓ Diego Espinoza
- ✓ Eileen Crutchfield
- ✓ Elisa Ulloa
- ✓ Fannya Boehme
- ✓ Francisco Tostado
- ✓ Gina Prue
- ✓ Georgina Reinke
- ✓ Jessica Cerritos
- ✓ Kim Kingswold
- ✓ Luz Aguirre
- ✓ Rebecca Glenny
- ✓ Suzanne Ammons

We're now opening up the invite for a 2: 30 AED training in addition to the 1pm time

Hope you can make it. Suzanne

- ✓ Sysalieu Lori Phung
- ✓ Violet Judd
- ✓ Yadira Moreno
- ? Laura Loop
- Alexis Bollin
- Adria Gerard
- Alicia Rocha
   Alison Shelling
- Alison Shelling
   David Martin
- **⊘** Eric Ogata
- Grace Anongchanya
- Jill Cavanaugh
- Jennifer Taylor

Declined because I am out of office

- Juanita Vasquez
- Kelli Bostwick
- Kendra Cabrera
- Kelly Stack
- LeAnn Contapay
- Lyndon Schutzler
- Mark Clements
- Nicole Dunne
- Nancy Morales
- Penny Partch
- Rosa Arroyo
- ▼ Teddy Eck
- Ø

### **Attachment D - AED Tracker**

#### **AED TRACKER PLACEMENT LOCATIONS**

From Sect. 9 AED Selection/Sect 11 Placement: Exp.: Pads Batteries

AED Model	Number	Location	Placement	Readiness	Expiratio
Physio-Control LIFEPAK CR Plus	45197058	Marina Education Center	MA102- next to private office	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	48097554	Life Science Building	Life Science Building - 1st floor hallway between rooms 105 and 107	<b>Ø</b>	•
Physio-Control LIFEPAK CR Plus	48097513	Physical Science Building	Physical Science Building - on the 1st floor, by the division office	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	48097515	IC Building	IC Building - on the 1st floor, outside room 106	<b>Ø</b>	•
Physio-Control LIFEPAK CR Plus	48097556	Adapted PE Building	Adapted PE Building - in the dance gym	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	34255548	Fitness Center	Fitness Center - Wall cabinet in front entry	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	38664205	Library	Library - Wall cabinet in lobby	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45134979	Health Services Center	Health Services Center	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45219175	Child Development Center	Child Development Center	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45200057	Pool	Pool	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45199987	Lecture Forum	Lecture Forum	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45219153	Theatre	Theatre - wall cabinet in lobby	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	45219156	Security	Security	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	47451445	Student Services Building	front lobby of Student Services Building	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	48097570	Administration Building	Administration Building - in the front lobby	•	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	42253066	Athletic Department/Gym	athletic room training office (Lucy's office) on the bookshelf on the right wall in mobile case.	<b>Ø</b>	<b>Ø</b>
Physio-Control LIFEPAK CR Plus	44277475	Athletic Department/Gym	1st floor gymnasium in the athletic room entrance in wall cabinet	<b>Ø</b>	•

Updated 3-22-22

BRT members/PE trainers conduct monthly checks for the Monterey Campus AEDs as prompted by Tyler Heart Institute program (exception-PSTC in Seaside belonging to SBRPSTC).

# Attachment E – AED Location Signs

**SAMPLE** 



On Wall near Stairwell

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# Attachment F Attachment F -

AED "How To Use"

2 page instructions for posting at AED see next page

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#### Using the DefibrillatorUsing page 1 of 2

In reference to COVID-19 or similar public health concern-- all parties, to the best of their ability, should adhere to CDC Guidelines including but not limited to proper social distancing, face coverings and/or personal protective equipment.

Basic Steps for Using the LIFEPAK CR Plus or LIFEPAK EXPRESS Defibrillator Responding to an SCA (Sudden Cardiac Arrest) emergency using the defibrillator involves these basic steps:



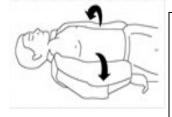
Determine if the victim is in SCA (Sudden Cardiac Arrest). Call to victim, tap feet. A person in SCA will not respond. Wear face mask.

Check for breathing by listening next to the victim's mouth and looking for chest movement. *If feasible drape victim's mouth nose with light clothing*.



Use your defibrillator only if the victim is not responding, not moving, and not breathing normally or not breathing at all. If in doubt, use your defibrillator.

Place your defibrillator near the victim and on the side next to you. Press the *ON/OFF* button to open the lid and turn on your defibrillator. Remain calm. Your defibrillator will guide you through the defibrillation process.



Expose the victim's chest. If the chest is excessively hairy, quickly shave the hair if possible for best contact in the area where you will place the pads. If the chest is dirty or wet, wipe the chest clean and dry. If there are medicine patches on the victim's chest, remove them.



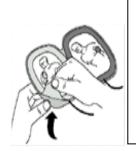
Hold down the left side of the electrode packet with one hand and pull the red packet handle down with the other. The electrode packet tears open.

Tear open the packet completely to remove the pads. A small piece of the packet will remain attached to your defibrillator.

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#### Using the Defibrillator page 2 of 2

In reference to COVID-19 or similar public health concern-- all parties, to the best of their ability, should adhere to CDC Guidelines including but not limited to proper social distancing, face coverings and/or personal protective equipment.



Separate the electrode pads, one at a time, from the blue plastic. Use these pads on adults or children 8 years of age or more, who weigh 25 kg (55 pounds) or more. For infants or children who are less than 8 years of age or who weigh less than 25 kg (55 pounds), special electrodes can be used if available. If you cannot determine a child's age or weight, or if special infant/child electrodes are not available, proceed with the existing electrode pads and continue to the next step.

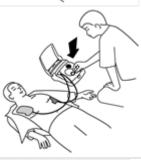


Apply the electrode pads to the victim's bare chest (exactly as shown in the picture on the pads). Be sure to press firmly so that the pads completely adhere to the victim's chest.

**Note:** Be sure you do not place the electrode pads over an implanted device such as an implanted pacemaker or ICD. An indication of an implant is a protrusion in the chest skin and a scar. If you are in doubt, apply the pads as shown on the labels.



Listen to voice instructions and do not touch the victim unless instructed to do so.



If the defibrillator heart rhythm analysis determines that a shock is needed, the defibrillator will announce *PREPARING TO SHOCK*, and then instruct you to *PRESS FLASHING BUTTON* to administer a shock (semiautomatic model) or it will announce *PREPARING TO SHOCK* (fully automatic model), and then automatically administer a shock without requiring further action on your part. Do not touch the victim while a shock is delivered.



Regardless of which model you have, follow the voice instructions.

Do not remove the pads or disconnect them from the defibrillator until emergency medical personnel arrive. If the victim starts moving, coughing, or breathing regularly, place the victim in the recovery position (as instructed in CPR training) and keep him or her as still as possible.

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#### <u>Attachment G – AED Operating Instructions</u> <u>Manual- posted separately</u>

In reference to COVID-19 or similar public health concern-- all parties, to the best of their ability, should adhere to CDC Guidelines including but not limited to proper social distancing, face coverings and/or personal protective equipment.



#### **OPERATING INSTRUCTIONS**



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