



Allied Health

# Nutrition & Dietetics

**2**  
Years

TO TRANSFER

**<10%**

AMERICANS EATING ENOUGH

**Fruits & Vegetables**

**#78**

REGISTERED DIETICIANS

**100 Best Jobs**

**13%**

JOB GROWTH

**Health Educators**

## Program Overview

What should we have for dinner? Most of us are lucky enough to choose what we eat, but what should we choose? By providing education in nutrition science and the relationship of the human diet to health, and lifestyle related diseases like cancer, diabetes, and heart disease, the Nutrition and Dietetics program will help students answer these and other questions. Graduates will gain the skills and knowledge necessary for further study and career in fields related to wellness and nutrition.

## Job Outlook

Interest in understanding and acting on the links between diet, health, and quality of life is only likely to grow in importance. Demand for dietitians and nutritionists is projected to grow at 8 percent — twice as quickly the national job growth average — while health educator jobs are slated to grow even more, by 13 percent. Graduates can also explore careers in food science, food safety, and public health.

## CAREERS

**Dietetic Technicians**  
\$24,910 - \$53,070

**Dietary Managers**  
\$33,370 - \$91,940

**\*Health Education Specialists**  
\$33,890 - \$104,310

**\*Dietitians & Nutritionists**  
\$47,180 - \$102,760

**\*Food Scientists**  
\$47,180 - \$120,230

\* Requires additional training  
Source: Bureau of Labor Statistics (CA data)



**Our Top Transfer Colleges**  
Cal Poly State University, SLO  
San Jose State University  
UC Berkeley



# Nutrition & Dietetics

## Suggested Course Sequence

Associate Degree  
for Transfer  
CSU GE Pattern

YEAR	F A L L		S P R I N G	
		Units		Units
1	ENGL 1A	3	ENGL 2	3
	MATH 16	4	CHEM 1A	5
	CHEM 2 or 30A	4	PSYC 1	3
	NUTF 1	3	Area C1	3
			Area C2	3
			US-1 course rec.	
	<b>Total Fall Units</b>	<b>14</b>	<b>Total Spring Units</b>	<b>17</b>
2	F A L L		S P R I N G	
		Units		Units
	Area A1	3	BIOL 25	3
	SPCH 3 rec.		BIOL 26	1
	CHEM 1B	5	SOCI 1	3
	Area D	3	Area C1 or C2	3
	US-2 & 3 course rec.		CSU Elective	4
	CSU Elective	4	NUTF 10 & 10L, CHEM 12A or	
	ANAT 1 & 2 rec.		PHSO 1 & 2 rec.	
	<b>Total Fall Units</b>	<b>15</b>	<b>Total Spring Units</b>	<b>14</b>

This is a suggested sequence of coursework and is one pathway for students to earn their degree/certificate. This is not an official educational plan. A counselor is able to assist you with creating a personalized education plan based on your academic, career, and personal goals. For more information about counseling and up-to-date program requirements, please visit [www.mpc.edu/counseling](http://www.mpc.edu/counseling).



*The curriculum and instructors in the nutrition program at MPC have done an amazing job of preparing me with the tools and knowledge I needed to find success after transferring. Getting to know the instructors and spending the time it takes to understand the course materials have been invaluable.*

### Alexander Ray

MPC Graduate, 2020  
AS-T Nutritional Science with  
Concentration in Dietetics

Monterey Peninsula College (MPC) is a fully accredited California public community college. The college is known for the excellence of its academic programs and student support services.

### Campus Locations

Monterey  
Marina  
Seaside  
Online

### Website

[www.mpc.edu/nutf](http://www.mpc.edu/nutf)

### Contact Information

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**MONTEREY PENINSULA**  
College