



**ATHLETIC PREPARTICIPATION HEALTH SCREENING**

Date \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone \_\_\_\_\_ Sex \_\_\_\_\_ Sport \_\_\_\_\_

Address/City/State/Zip \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_

Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Name of Family Physician \_\_\_\_\_

**MEDICAL HISTORY**

Place a check next to any condition that you have/have had within the past FIVE years.

\_\_\_ Tested Positive for **COVID-19**?

If Yes, date of positive test? \_\_\_\_\_

\_\_\_ Concussion

If Yes, how many? \_\_\_\_\_ When was the most recent? \_\_\_\_\_

\_\_\_ Allergies (If Yes, specify) \_\_\_\_\_

\_\_\_ Asthma \_\_\_\_\_

\_\_\_ Diabetes \_\_\_\_\_

**RECORD OF SYMPTOMS & CONDITIONS:**

Place a check next to any condition that you have/have had

\_\_\_ Difficulty hearing

\_\_\_ Blackouts

\_\_\_ Chest pain

\_\_\_ Nose Bleeds

\_\_\_ Menstrual cramps

\_\_\_ High blood pressure

\_\_\_ Headaches

\_\_\_ Shortness of breath

\_\_\_ Fainting spells

\_\_\_ Convulsions

\_\_\_ Tonsillitis

\_\_\_ Appendicitis

\_\_\_ Hernia

\_\_\_ Epilepsy

\_\_\_ Heart Disease

\_\_\_ Kidney/Bladder

\_\_\_ Surgery

If you have checked any of the above, please explain in detail:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**VISION:** Place a check next to the following that apply to you

\_\_\_ Use eye glasses      \_\_\_ Use contact lenses

If yes, what do you use while competing? \_\_\_\_\_

**MEDICATION**

Are you currently taking any medications at this time? (YES) (NO)  
If yes, please list all drugs or medications and daily usage/dosage.

\_\_\_\_\_

**ORTHOPEDIC SCREENING**

Check if you have ever injured any of the following and if you had surgery for the injury:

- |                      |                   |
|----------------------|-------------------|
| ___ Face or Head     | ___ Wrist or Hand |
| ___ Neck or Back     | ___ Leg           |
| ___ Chest or Abdomen | ___ Knee          |
| ___ Shoulder         | ___ Ankle or Foot |
| ___ Arm              |                   |

If yes to any of the above, please give brief explanation and date of onset.

\_\_\_\_\_  
\_\_\_\_\_

-----THE FOLLOWING WILL BE COMPLETED BY THE PHYSICIAN-----

**HEALTH SCREENING**

- |                      |                      |              |
|----------------------|----------------------|--------------|
| _____ Left Vision,   | _____ Right Vision   |              |
| _____ Height         | _____ Respiratory    | _____ Throat |
| _____ Weight         | _____ Cardiovascular | _____ Hernia |
| _____ Blood Pressure | _____ Ears           |              |
| _____ Pulse          | _____ Nose           |              |

Shoulder:

- \_\_\_\_\_ ROM \_\_\_\_\_
- \_\_\_\_\_ Strength \_\_\_\_\_
- \_\_\_\_\_ Ligament Laxity \_\_\_\_\_

Knee:

- \_\_\_\_\_ ROM \_\_\_\_\_
- \_\_\_\_\_ Strength \_\_\_\_\_
- \_\_\_\_\_ Ligament Laxity \_\_\_\_\_

Ankle:

- \_\_\_\_\_ ROM \_\_\_\_\_
- \_\_\_\_\_ Strength \_\_\_\_\_
- \_\_\_\_\_ Ligament Laxity \_\_\_\_\_

Other:

- \_\_\_\_\_ ROM \_\_\_\_\_
- \_\_\_\_\_ Strength \_\_\_\_\_
- \_\_\_\_\_ Ligament Laxity \_\_\_\_\_

**COMMENTS AND RECOMMENDATIONS**

I hereby certify that \_\_\_\_\_ was examined by me on \_\_\_\_\_. At that time, no physical condition was detected which would reasonably be anticipated to render this athlete physically unfit to engage in any sport except \_\_\_\_\_ (if none, state so.)

Signature of examining physician (MUST BE MD) \_\_\_\_\_

