



MONTEREY PENINSULA COLLEGE

DEPARTMENT OF ATHLETICS

980 FREMONT ST. MONTEREY, CA 93940-4799

PHONE: 831.646.4220 FAX: 831.645.1334

# 2020 MPC Open

## Saturday February 15, 2020

**Start Time:** 10AM

**Entry Fees:** Please make checks payable to **MPC Track and Field**

Teams: \$175 per gender, \$350 for both

Unattached/Teams 8 Individuals or less: \$20 per athlete

**ALL entry fees will be collected at the Clerk of the Course prior to 1<sup>st</sup> event**

**No charge for spectators**

### **Entry Registration:**

Teams must register through Direct Athletics by **Wednesday February 12th 11:59pm.**

<http://www.directathletics.com>

### **This meet will include the following Events:**

**Field Events:** (Throw Events - 4 Throws – No Finals / Horizontal Jump Events - 4 Jumps - No Finals)

**\*Javelin and Hammer Throw will not be contested at MPC (You may choose to contest these events at your home site and bring forward your results on Saturday to the timer. Heat sheets will be provided Thursday evening February 13<sup>th</sup>).**

Pole Vault (Women followed by Men) 10AM

Shot Put (Women followed by Men) 10AM

Long Jump (Men followed by Women) 10AM

High Jump (Women followed by Men) 1PM or after Pole Vault concludes

Triple Jump (Men followed by Women) 1PM or after Long Jump concludes

Discus (Women followed by Men) 1PM or after Shot Put and Pole Vault concludes

**\*We anticipate having enough volunteers from MPC but would appreciate additional help from each participating college to help our officials run each event efficiently.**





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**Track Events:** (Will feature electronic timing)

**\*Track Events will start at 11am and then proceed with the following order of events. Time Schedule will be provided to participating teams on Friday morning February 14<sup>th</sup>.**

W/M 3000m

W/M 4x100m Relay

W/M 1500m

W 100m Hurdles

M 110m Hurdles

W/M 400m

W/M 100m

W/M 800m

**Officials Break**

W/M 400m Hurdles

W/M 200m

W/M 5000m

W/M 4x400m Relay

**Concessions:** A Snack Bar will be available and located on the West end of the stadium.

**First Aid:** MPC Athletic trainers will be On Site. Teams and individual athletes are responsible for supplying their own Athletic Tape, Medical Supplies, etc.

**Warm-up area:** Will be located on the Women's Softball Field adjacent to the track.

**Check-in:**

Track Events: 30 Minutes prior to the start of the event at the Clerk's table.

Field Events: 30 Minutes prior to the start of the event at the field event site.

**Parking:** Parking is free and nearest to the Track in parking Lot C





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## Questions Contact:

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Men's and Women's Track & Field  
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