### Human Services

The Human Services program is intended to prepare the student for an entry-level position in the Human Services field such as program specialist, community outreach worker, life skills counselor, eligibility worker, and social services assistant.

Paraprofessional jobs can be found in state and local government agencies, non-profit organizations and private social services agencies. Career advancement is available with experience and additional training. Most courses in the program transfer, allowing the student to pursue an advanced degree.

Some specific work activities for Human Services assistants include:

- Participate in effective • teamwork/collaboration with families, agencies and community-based organizations, while maintaining suitable values and ethics for Human Services.
- Demonstrate effective communication skills. •
- Discuss diversity, barriers to cultural sensitivity, and the advantages of working respectfully with persons from all cultural backgrounds backgrounds.
- Use a strength-based and self-reliance • approach in the study and delivery of human services.
- Assist families and individuals in using specialized services and self-assessment.
- Demonstrate competency in the use of ٠ technology as required at the paraprofessional level of human services.
- Explain the background, elements and • resources of human services and family development support systems.
- Apply professional behavior, confidentiality • and respect in all situations.
- Establish mutually respectful, trusting and • supportive relationships.

## Certificate and Associate in **Science Degree**

•	Units
BUSC 100A Word Proc: Word/Win I	1
BUSC 100B Word Proc: Word/Win II	1
HUMS 50 Introduction to Human Services	3
HUMS 53 Counseling Techniques for the	
Paraprofessional	3
HUMS 54 Family Development	3
HUMS 60 Practices in Human Services	1
HUMS 61 Introduction to Alcohol/Drug Studies	3
HUMS 62 Introduction to Gerontology	3
COOP 91 Human Services Work Experience	1

Select three units from the following:

- CHDV 1 Child Development (3)
- CHDV 56 Early Childhood Educ in a Diverse Society (3)

3

- FACS 56 Life Management (3)
- HLTH 4 Healthy Living (3)
- HLTH 205 CPR for Health Professionals (.5)
- PSYC 3 Introduction to Social Psychology (3)
- PSYC 25 Child and Adult Development (3)
- PSYCH 57 Adult Development & Aging (3)
- SPCH 4 Intercultural Communication (3)
- TOTAL CERTIFICATE UNITS

#### Associate Degree Requirements:

Certificate requirements 22 Select six units from the following not used to satisfy the certificate reauirement:

22

- HLTH 7 /WOMN Women's Health Issues (3) ٠
- PSYC 25 Child and Adult Development (3)
- PSYC 57 Adult Development & Aging (3)
- WOMN/HUMA 1 Intro to Women's Studies (3) •

TOTAL DEGREE UNITS	60
Electives	11
General Ed Requirements	21

## Learning Outcomes

Upon successful completion of the certificate, Human Services students will be able to:

- Assist families and individuals in using ٠ specialized services and in self assessment and self reliance.
- Apply professional behavior, confidentiality, and respect in all situations.

Most courses in the program transfer allowing the student to pursue an advanced degree.

Not all courses are offered every semester. Students are encouraged to consult with counselors and instructors about their educational goals and career aspirations so that appropriate classes may be recommended. Course descriptions are available at www.mpc.edu and in the MPC Catalog.

#### MONTEREY PENINSULA COLLEGE

"Monterey Peninsula College is committed to fostering student learning and success by providing excellence in instructional programs, facilities, and services to support the goals of students pursuing transfer, career, basic skills, and life-long learning opportunities. Through these efforts MPC seeks to enhance the intellectual, cultural, and economic vitality of our diverse community."

#### APPLICATION PROCEDURE

For information about the Human Services Program and the enrollment procedure, contact:

Counseling Department Monterey Peninsula College 980 Fremont Street Monterey, California 93940 Phone: (831) 646-4020

For more information about the Human Services Program contact:

Life Science Division Monterey Peninsula College (831) 646-4125 FAX (831) 645-1353 Monterey Peninsula College 980 Fremont Street Monterey, CA 93940-4799

# Human Services



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